

Course Information

Date: October 1, 2011

Location: Pittsburgh, PA

Time: 8:00am-4:30pm

(Registration begins at 7:30am)

CEUs: 7.0 hours

Approved in PA, NY, WV
(pending in OH)

Cost:

Earlybird (post-marked before September 1): \$300

After September 1: \$350

*All proceeds from this course will be
donated to the Foundation for
Physical Therapy*



Registration

Mail form below to:

Pitt Marquette Challenge

6035 Forbes Tower

Department of Physical Therapy

Pittsburgh, PA 15260

Please make checks payable to:

The Pitt-Marquette Challenge

NAME:

ADDRESS:

PHONE:

EMAIL:

(Required to receive course PowerPoints)

Email

pittmarquettechallenge@gmail.com

with questions

Additional information available at:

www.pittmarquettechallenge.com

*Pitt-Marquette Challenge
Course*

*Multidisciplinary
Concussion
Evaluation and
Management:
Implications for the
Physical Therapist*

Featuring:

- Cara Camiolo Reddy, MD
- Dana Hinderliter, PT, DPT
- Anthony Kontos, PhD
- Anne Mucha, PT, DPT, MS, NCS
- Susan L. Whitney, PT, DPT, PhD, NCS, ATC,

October 1, 2011

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Course Description

The course will provide an overview of the most recent evidence related to post concussive disorders. A multidisciplinary panel will illustrate the complexity of this injury and key aspects of diagnosis and management. Physical therapy case examples of persons with concussion presenting with varying degrees of impairment will be utilized in order to provide the learner with a breadth of exposure to evaluating and treating this injury. Cases will incorporate the latest evidence related to management including diagnosis and intervention.



Course Objectives

Participants will:

- Become familiar with the latest research and guidelines related to sports concussion
- Recognize the importance of a team approach in the effective management of individuals with concussion
- Understand the factors that contribute to prognosis and outcome following concussion
- Understand the key components of medical, neuropsychological, and physical therapy assessment in patients with concussion
- Gain of an understanding of latest advances in balance assessment in concussion
- Recognize concurrent vestibular issues often seen with concussion such as migraine, anxiety, and BPPV
- Gain exposure to treatment cases that illustrate concussion with co-morbid balance and vestibular function
- Understand the role of ocular motor abnormalities in the evaluation, prognosis, and management of the concussed population
- Gain experience in the examination of ocular motor function
- Describe the principles of exertional training post concussion and apply these to post concussion rehabilitation

Course Schedule

- 8:00-9:00: Introduction/Overview of Concussion
- 9:00-9:30: Overview of Post-exertion Neurocognitive Testing, and the Role of Dizziness and Balance in Sports Concussion
- 9:30-10:00: Mild Traumatic Brain Injury: A Physiatrist's Approach
- 10:00-10:15: Q & A
- 10:15-10:30: Break
- 10:30-12:00: Physical Therapy Assessment and Treatment– Tutorial Case Study
- 12:00-1:00: Lunch
- 1:00-2:45: Physical Therapist Assessment Lab
- 2:45-3:15: Case presentation of an athlete of in their 20's
- 3:15-3:30: Break
- 3:30-3:45: Exertional training following concussion
- 3:45-4:15: Case presentation and special considerations of a young athlete (high school)
- 4:15-4:30: Q & A